

# Tuesday Note

September 20, 2022

*But those who wait for the Lord will renew their strength. They shall mount up with wings like eagles. They shall run and not be weary. They shall walk and not be faint. Isaiah 40:31*

## Out of Uniform Day for Ukraine

**Friday, September 23 will be an out of uniform day** for those that bring in a Toonie (or more) donation towards relief efforts for Ukraine.

Please join us in this cause  
and in our prayers  
for peace.



## Week at a glance

- Wednesday, September 21 Chapel 8:30 am
- Wednesday, September 21 Soccer Practice 3-4pm
- Friday, September 23 Out of uniform day (see details)
- Friday, September 23 Running Club AM recess
- Monday, September 26 Soccer Practice 3-4pm
- Monday, September 26 Running Club AM recess

## 3rd Annual Eagle Run and Barbecue

### Important Dates:

Please come out on **October 1st** for our afternoon 1km Kid's Dash, 5km walk/run and evening fun! The Eagle Run and BBQ is a day for the FLCA community to gather and enjoy, while raising important funds for our school. The event includes fun activities, great food and many prizes to be won. SEE PAGE 2 FOR MORE DETAILS!

**REGISTRATION DEADLINE (with free T-shirt) SEPT. 20**

**REGISTRATION DEADLINE SEPT. 23**

**SPONSORSHIP DEADLINE SEPT. 25**

## Appeal for Water Bottles

Children are asked to bring a large water bottle to school each day. We thank you for your donations of bottled water throughout last year, and we once again ask that if you are able, to please consider donating a package of 500ml water bottles.

We are still not using our water fountains and we want to separate hand washing faucets from drinking water.

Thank you!



## 3rd Annual Eagle Run and Barbecue

### Pledge Cards

Eagle Run Pledge Cards were sent home last week.

Pledges will be collected on September 30th.

We are excited to announce that with at least \$30 of pledges, your student can attend the Eagle Run and BBQ **FREE** of charge.

We hope to see you there!



## EAGLE RUN AND BARBECUE      October 1st

Now that restrictions have been lifted at long last, we can return to so many of the activities that have enhanced our school experience in the past.

One of those events is the **Eagle Run and Barbecue** which is so important to the life of our school. This event gives us an opportunity for fellowship as a school community, along with members of our church family.

Additionally, it serves as a vehicle for much needed fundraising for our school. Below, you will see a number of ways to participate.

**Children will also be taking home pledge cards with further information about collecting pledges and how to attend our the 3rd Annual Eagle Run and BBQ for FREE!**

### **Run Information**

FLCA's 3rd Annual Eagle Run and BBQ will take place on Saturday, October 1st at Ciociaro Club (3745 North Talbot Rd).

**The Kids' 1K Dash begins at 3pm.** This is open to any children 12 years old and younger. All participants must be accompanied by an adult.

**The 5km Walk/Run begins at 3:30 pm.** Strollers are welcome!

Participants of both races are encouraged to register early to guarantee a T-shirt size.

#### **Eagle Run and Dinner Prices**

Adult -\$60  
Students (14-18) \$50  
Students (6-13)- \$30  
Children (5 & under)- \$20

#### **Sponsorship Information and Raffle Prizes**

Kilometers along the course can be sponsored for \$150. A sign will be created with your company/family name, to be displayed to all participants.

Another way to support the event is by donating a raffle prize. Prizes in the past have come in all shapes & sizes, from children's toys, to sporting event tickets...even a kayak!

If you are interested in Sponsorship, please contact the office at 519-250-7888 or email at [flca@mnsi.net](mailto:flca@mnsi.net)

#### **Dinner Information**

**Dinner begins at 5:30pm.** If you are unable to make it to the Run, please join us for dinner **at Ciociaro Club** (3745 North Talbot Rd) under the pavilion for our traditional roast pork dinner. Along with dinner, raffle prizes and a cash bar are available.

#### **Dinner only Prices:**

Adult-\$30  
Student (6-18)-\$15  
Children (5 and under)-Free

**\*\*TO REGISTER for any or all events of our 3rd Annual Eagle Run and Barbecue fundraiser, please call 519-250-7888, or follow the link to the Eagle Run Sign-Up Survey, included in this email. \*\***

### **Upcoming Events**

- October 1st      3rd Annual Eagle Run and BBQ
- October 4th      Soccer Tournament
- October 6th      In School Cross Country Meet
- October 10th      Thanksgiving (no school)



- October 17th      Cross Country Tournament