

# Wednesday Note

May 11, 2022

"REJOICE IN THE LORD ALWAYS. AGAIN, I SAY REJOICE" *Philippians 4: 4*

## Upcoming Open House

FLCA is pleased to announce that we will be hosting an In Person Open House on May 18th.

We encourage you to share this exciting news with your friends and neighbours. A flyer is attached to this email for you to share. The same flyer will posted on our social media pages. **Please like and share! Let's encourage others to become part of our FLCA family!**



## UPCOMING EVENTS

- **May 13th**      **In School Track & Field Day**
- **May 23th**      **Victoria Day**  
(no school for students)
- **June 10th**      **Track and Field Meet**  
**At Sandwich Secondary School**  
(Rain day: June 13th)
- **June 16th**      **Graduation Day**
- **June 19th**      **Father's Day**
- **June 24th**      **Final Day of School**  
**before Summer Break**

## Track & Field Update

On May 13th we will hold our In School Track & Field meet. All students from Grade 1-8 will participate. Besides being a day of great fun and physical activity, we also have the opportunity to choose individuals in each age group who will represent us at the WECSA Track & Field Meet, on June 10th. (Grade 1 students are not eligible for the June meet but will certainly take part in our own field day.)

- **Track & Field events will begin at 9am on Friday, May 13th** and continue through the morning until we are done.
- **At a minimum, we will need 12 Volunteers to help us on Friday. As of now, we have commitments from 9. If you can help with timing, measuring or raking, we could greatly appreciate it!**
- **Volunteers: Please meet in the Lobby at 8:45 am**
- Spectators are welcome!
- Students are competing in Standing Long Jump or Triple Jump in gym classes before Friday. They will partake in Ball throw or Shot Put, Running Long Jump, 100m and 200m races, and the 11 and up age group will also race in the 400m on May 13th.
- It looks like we will have beautiful weather with lots of sunshine. Be sure to wear running shoes, pack a water bottle and apply sunscreen.